



Sterling Career Help

Learn to...

Network: Learn how to network online and in person.

Research: Understand gaps, problems, and trends.

Interview: Learn four steps for interviewing.

Negotiate: Learn when and how to negotiate.

Organize: Organize your networking leads with a system.

Purpose

Help others become
career self-reliant for life.

Ways to Generate Income

Employment

Self-employment

Employment while building your business

This presentation of Sterling Career Help focuses on employment.

Overview of the Four Sections

Section 1 - Who You Are

Section 2 - How You Communicate Who You Are

Section 3 - How You Get Help from Others

Section 4 - How You Stay Career Self-Reliant for Life



Who You Are

Beginning of Section 1 of Four Parts

How You Confirm or
Discover Who You Are

A site to help you find a good career fit

<https://www.utahfutures.org>

UtahFutures

The best way to predict the future is to plan for it™

Login Create Account

Careers Assessments College Community Partners Popular Links

Discover UtahFutures.org

UtahFutures helps you find your **career path** to select which major fits you best.

- ✓ We provide assessments and evaluation tools.
- ✓ We offer job search tips and résumé help.
- ✓ We offer college and scholarship search tools.
- ✓ We have helpful information for Utah businesses and partners.



Careers

Learn about careers and how to find a job.



Assessments

Take an assessment to get to know yourself and the types of jobs, careers and programs that might interest you.



College

Find out what you want to study, where you want to go, and how to pay for it.



Community Partners

Search information on Utah businesses and learn how they help students prepare for a career.

UtahFutures Partners



This book helps you match personality with career.

<https://www.humanesources.com/organizations/programs/dwya>

The screenshot shows the Human eSources website interface. At the top, the logo reads "human eSources" with the tagline "illuminate your life!". Navigation links include "LOG IN", "STAY INFORMED", "NEWS", and social media icons for Twitter, Facebook, LinkedIn, and YouTube. A secondary navigation bar contains "PRODUCTS", "ABOUT US", "SUPPORT", and "CONTACT US". The breadcrumb trail indicates "Home » Products » Do What You Are".

The main content area features the "DO WHAT YOU ARE" logo, which includes a target icon. Below the logo is a navigation bar with "Intro", "Features", "FAQs", and "Testimonials", alongside a "GET GUEST PASS" button. Social media sharing icons for email, print, LinkedIn, Google+, Twitter, Facebook, and Pinterest are also present.

The section is titled "The Power of Personality" and contains the following text: "Do What You Are® helps students from 9th grade to college increase their self-awareness, boost their effectiveness, and make more informed decisions about their future. Do What You Are uses Carl Jung's type theory that was further developed by Isabel Briggs Meyers and Katharine Briggs, and is based on the best-selling career book of the same name. This proven online assessment has been used by millions of students and provides invaluable details that reveal how and where an individual will be most successful."

Below the text is a photograph of a diverse group of students sitting around a table, engaged in a discussion. To the right of the text is a quote in a speech bubble: "Through learning about myself (my strengths and my weaknesses), I now see myself in a new way. I am more secure about who I am and what I am capable of doing." with a "SEE MORE" link.

The "Career Development" section follows, stating: "It has been found that people are happiest and most successful when in jobs that allow them to use their greatest natural gifts. Personality type is one of the best ways of determining what those gifts are, and which occupations offer the greatest opportunity for expression. When students are able to develop career goals they can take the next step of choosing a college major to continue the process of planning and maximizing their learning experience."

The final paragraph states: "Do What You Are includes a comprehensive O*NET career database for exploration and automatically matches career and education options to personality type for targeted career planning. Within each of the hundreds of career profiles, learn about interests, tasks and activities, important knowledge and skills, and national and state wage information."

On the right side of the page, there is a sidebar titled "EDUCATION PRODUCTS" with a list of items: "Do What You Are", "MI Advantage", "The Learning Style Inventory", "The PEPS Learning Style Inventory", "AchieveWorks College Readiness Program", and "CollegeScope".

A book to help you work from your strengths

Strengths.gallup.com/110440/About-StrengthsFinder-20.aspx

Strengths

Sign In Enter Access Code

HOME PUBLICATIONS PURCHASE ABOUT CLIFTON STRENGTHSFINDER

GALLUP®



StrengthsFinder 2.0

Discover what makes you stand out.

About the Book

History

What's New

StrengthsFinder 2.0 Research

Use Your Access Code

Learn More



Strengths Based Leadership

Gain insights into your unique leadership strengths



How Full Is Your Bucket?

Positive strategies for work and life.



Strengths-Based Books

About StrengthsFinder 2.0

"Hide not your talents. They for use were made. What's a sundial in the shade?"
-- Benjamin Franklin

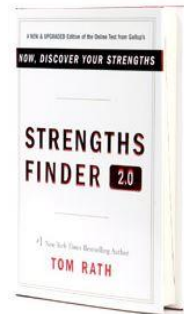
Do you have the opportunity to do what you do best every day?

Chances are, you don't. All too often, our natural talents go untapped. From the cradle to the cubicle, we devote more time to fixing our shortcomings than to developing our strengths.

To help people uncover their talents, Gallup introduced the first version of its online assessment, StrengthsFinder, in the 2001 management book *Now, Discover Your Strengths*. The book spent more than five years on the bestseller lists and ignited a global conversation, while StrengthsFinder helped millions to discover their top five talents.

In *StrengthsFinder 2.0* Gallup unveiled the *new and improved* version of its popular assessment, language of 34 themes, and much more. While you can read this book in one sitting, you'll use it as a reference for decades.

Loaded with hundreds of strategies for applying your strengths, this *Wall Street Journal*, *Business Week*, and *USA Today* bestseller will change the way you look at yourself -- and the world around you -- forever.



Redeem Your Access Code



StrengthsExplorer

Discover Your Child's Strengths
For ages 10-14

A good site to help you find growing industries

www.onetcenter.org

The screenshot shows the O*NET Resource Center website. At the top, there is a navigation bar with the O*NET logo and the text "O*NET Resource Center" and "A proud partner of the americanjobcenter® network". A search bar is located in the top right corner. Below the navigation bar, there are several sections: "O*NET Resources" with a search bar and links to "About O*NET", "Products", "Developer's Corner", "Data Collection", and "Using O*NET"; "Tell us your O*NET story!" with a text box and a "Visit" button; "O*NET Products at Work" with a "Visit" button; "Welcome to the O*NET Resource Center" with a "What is O*NET?" button; and "Explore the world of work with our family of O*NET sites!" with three featured sites: "Mi Próximo Paso", "My Next Move for Veterans", and "My Next Move". A footer navigation bar is at the bottom.

O*NET Resource Center
A proud partner of the americanjobcenter® network

Site Search:

Help About O*NET Products Developers Data Collection Using O*NET About Us Share O*NET Sites

O*NET Resources

Site Search:

About O*NET
Learn about the occupations and data collected in the O*NET project.

Products
Career tools, applications, and publications to help workforce and HR professionals.

Developer's Corner
Download the O*NET Database and related files for use in applications or research.

Data Collection
Details and publication schedule for our data collection effort.

Using O*NET
Find out how O*NET data and products can help organizations and individuals.

About Us
News and information about the National O*NET Center.

Looking for something specific? Check the [Site Map](#) or try our [Site Search](#).

Tell us your O*NET story!
How are you using O*NET products in your own projects? We'll consider your story for inclusion in the O*NET Products at Work directory. It's a great way to share your products or research with the millions of other O*NET users.

Or, get inspired to start your story. Read about 100+ projects and companies putting O*NET data to use. You might discover a new way to make your next project more successful.

O*NET Products at Work
Visit

Welcome to the O*NET Resource Center, the nation's primary source of occupational information. Use this site to download the O*NET database, career exploration tools, job analysis questionnaires, employer guides, and technical reports.

What is O*NET?

Find out **What's New** in O*NET news, and stay up to date:
Email Facebook RSS Twitter

Explore the world of work with our family of **O*NET sites!**

MI PRÓXIMO PASO
[Mi Próximo Paso](#)

- Spanish-language version of My Next Move
- Search careers with keywords in Spanish
- Links to Spanish content for training and jobs

MY NEXT MOVE FOR VETERANS
[My Next Move for Veterans](#)

- For veterans transitioning to a civilian career
- Use your military code or title to find similar work
- See listings from major job banks

MY NEXT MOVE
[My Next Move](#)

- For students and job seekers
- Easy-to-use search and career overviews
- Web-based Interest Profiler

Help About O*NET Products Developers Data Collection Using O*NET About Us O*NET Sites